



FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

January 2020

Volume 11 Issue 1



“Scientology is a workable system. It has the route taped. The search is done. Now the route only needs to be walked.”

HCO PL 14th Feb 1965 ‘Safeguarding Technology’

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Volume 11 Issue 1 January 2020

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental “fogginess” and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~o0o~

<p>The FREE THETA</p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect & Promote</i> http://independent-scientologists-association.net</p>	
		<p>reservo, servo, proveho</p>

~ Editorial ~



reservo, servo, proveho

Dear Reader,

It is 2020 and we start a new year and a new adventure. The past is relegated to the auditing room and the present is about what our goals and purposes are for the future.

The future is what we mock up and put there. If you want success and to flourish and prosper and move up the grade chart, then put that there in the future.

As LRH said, life is in you today and you make your own tomorrow.

Well, let's make some tomorrow!

ARC,

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels
scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, OT

[Trey Lotztrey@relaypoint.net](mailto:Trey.Lotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken Urquharturq@verizon.net](mailto:Ken.Urquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



LIFE AS A GAME

By L. Ron Hubbard
Extract from Problems of Work

It is quite obvious that if anyone controlled everything he would have no game. There would be no unpredictable factors, no surprises in life. This might be said to be a Hell of considerable magnitude.

If one could control everything absolutely he would of course be able to predict everything absolutely. If he could predict the course and action of every motion in the entirety of existence he would of course have no real interest in it.

We have already looked at the necessity of controlling the immediate objects of work, but remember it is necessary, if one controls these immediate objects, to have other objects or environments which one does not absolutely control. Why is this?

It is because life is a game.

The word “game” is used here advisedly. When one is mired down in the sometimes titanic struggle of existence he is apt to discount the fact that there is joy in living. He is apt to disbelieve that such a thing as fun can exist. Indeed people, when they reach into their thirties, begin to wonder what happened to their childhood when they actually could enjoy things. One begins to wonder if pleasure of living isn’t itself some sort of trap, and one begins to believe that it is not a good thing to become too interested in new people and new things, since these will only lead to heartbreak. There are men who have decided that in view of the fact that loss brings so much pain, they had better not acquire at all. It is far superior according to these to live a life of only medium privation than to live a life of considerable luxury, since then if they lost what they had the pain would be much less.

Life, however, is a game. It is very easy to see a game in terms of cricket or football. It is not so easy to see life as a game when one is forced to rise before the sun and reach his home only after it sets, after a day of arduous and relatively unthanked toil. One is likely to dispute that such an activity could be a game at all. Nevertheless it is obvious in various experiments which have been made in Scientology that life, no matter what its emotional tone or lack of it, is in essence a game and that the elements of life itself are the elements of games.

Any job is a game.

A game consists of freedoms, barriers and purposes. There are many more complicated factors involved in games, but these are all listed in Scientology. Primary amongst these is the necessity in a game to have an opponent or an enemy. Also a necessity is to have problems. Another necessity is to have sufficient individuality to cope with a situation. To live life fully, then, one must have, in addition to “something to do”, a higher purpose, and this purpose, to be a purpose at all, must have counter-purposes or purposes which prevent it from occurring. One must have individualities which oppose the purpose or activities of one, and if one lacks these things it is certain that he will invent them.

This last is very important. If a person lacks problems, opponents and counter purposes to his own, he will invent them. Here we have in essence the totality of aberration. But more intimately to our purposes we have the difficulties which arise from work. If we had a foreman who capably controlled everything in his area and did nothing else, and if that foreman were not entirely mentally balanced in all ways (which is to say if he were human), we would find that foreman inventing personalities for the workers under him and reasons why they were opposing him and actual oppositions. We would find him selecting out one or more of his workmen to chastise, with, according to the foreman, very good reason, but in actuality without any further reason than that the foreman obsessively needed opponents.

Now very many involved classifications can be read into this by ancient mental analyzes but none of these need to be examined. The truth of the matter is that a man must have a game and if he does not have one he will make one. If that man is aberrated and not entirely competent he will make an intensely aberrated game.

Where an executive finds all running far too smoothly in his immediate vicinity he is likely to cause some trouble just to have something to do -unless that executive is in very good mental condition indeed. Thus we have management pretending, often without any actual basis in fact, that labor is against it. Similarly, we occasionally have labor certain that management, which is in fact quite competent, is against labor. Here we have invented a game where no game can actually exist.

When men become very short sighted they cannot look actually beyond their own environment. There is in any office, plant, or activity the game of the office, plant or activity itself versus its competitors and versus its outer environment. If that office, plant or activity and all the personnel within it are conducting themselves on a wholly rational and effective basis they choose the outside world and other rival concerns for their game. If they are not up to par and are incapable of seeing the real game they will make up a game and the game will begin to be played inside the office and inside the plant.

In playing games one has individuals and teams. Teams play against teams; individuals play against individuals. When an individual is not permitted to be fully a part of the team he is apt to choose other members of the team as his opponents for, remember, man must have a game. Out of all these complexities come the various complexities of work and the problems of production and communication.

If everybody in a plant were able to control his own sphere of interest in that plant and if every-

body in the plant were doing his own job, there would actually be no lack of game, for there are other plants, other activities in the outside world and these always furnish game enough for any rational organization. But supposing the people in an organization cannot control their own sphere, cannot control their own activities, and are obsessively attempting to create aberrated games all about them. Then we would have a condition whereby the plant, office or concern would not be able to effectively fight its environment and would produce poorly, if not collapse.

Aberrated or not aberrated, competent or not competent, remember, life is a game and the motto of any individual or team alive is, "There must be a game." If individuals are in good mental and physical condition they actually play the game which is obvious and in plain sight. If they are not in good condition and if they are themselves incapable of controlling their own immediate environment, they will begin to play games with their tools. Here the machinist will find his machine suddenly incapable of producing. One would not go so far as to say that he will actually break the machine so that he can have a game with it, but he will be in a mild state of fury regarding that machinery continually. The bookkeeper, unable to control his immediate tools of trade and not well-fitted into his concern, will begin to play a game with his own figures and will fail to get balances. His adding machine will break down, his papers will get lost and other things will occur under his immediate nose which never should happen, and if he were in good shape and could play the actual game of keeping other people in the plant straight so far as their accounts and figures are concerned, he would be efficient.

Efficiency, then, could be defined as the ability to play the game to hand. Inefficiency could be defined as an inability to play the game to hand, with a necessity to invent games with things which one should actually be able to control with ease.

This sounds almost too simple, but unfortunately for the professors that try to make things complicated, it is just that simple. Of course there are a number of ways men can become too aberrated. That is not the subject of this book. The subject of this book is work. Now realizing that life must be a game, one should realize that there is a limit to the area one would control and still retain an interest in life. Interest is mainly kindled by the unpredictable. Control is important. Uncontrol is, if anything, even more important. To actually handle a machine perfectly one must be willing to control it or not to control it. When control itself becomes obsessive we begin to find things wrong with it. The individual who absolutely has to control everything in sight is upsetting to all of us and this individual is why we have begun to find things wrong with control. It sounds very strange to say that uncontrol must also be under control, but this is, in essence, true. One must be willing to leave certain parts of the world uncontrolled. If he cannot, he rapidly drops downscale and gets into a situation where he is obsessively attempting to control things which he never will be able to control and thus renders himself unhappy, begins to doubt his ability to control those things which he actually should be able to control and so at length loses his ability to control anything.

And this, in essence, is what in Scientology we call the dwindling spiral of control. There are mental factors which we will not discuss here, which tend to accumulate the failure to control to a point where one is no longer confident of his ability to control. The truth of the matter is an individual actually desires to have some part of life uncontrolled. When this part of life

hurts him sufficiently he then resigns himself to the necessity of controlling it and so makes himself relatively unhappy if he never will be able to do so. A game consists of freedom, barriers and purposes. It also consists of control and uncontrol.

An opponent in a game must be an uncontrolled factor. Otherwise one would know exactly where the game was going and how it would end and it would not be a game at all. Where one football team would be totally capable of controlling the other football team, we have no football game. This is a matter of no contest. There would be no joy or sport in playing that game of football. Now if a football player has been seriously injured playing football, a new unknowing factor enters into football for him. This injury lodges in what we call the "reactive mind". It is a mind which is unseen and which works all the time. One normally works on what we call the "analytical mind" and this we know all about. Anything that we have forgotten or moments of unconsciousness and pain become locked away in the reactive mind and are then capable of reacting upon the individual in such a way as to make him refrain from doing something which was once dangerous. While this is a rather technical subject it is nevertheless necessary to understand that one's past has a tendency to accumulate and victimize one in the future.

Thus, in the case of the football player, while he plays football he is apt to be restimulated or react from the old injury received in football and so feels less than a spirit of fun while playing football. He becomes anxious. He becomes very grim on the subject of football and this is expressed by an effort to actively control the players on another team so that they will not injure him again.

In a motorcycle race a famous motorcycle rider was injured. Two weeks later in another race we find this motorcycle rider falling out on the fifth lap without injury or incident but simply pulling over into the pits. He did this immediately after a motorcycle swerved close to him. He recognized at once that he was unable to control that motorcycle. He felt then incapable of controlling his own motorcycle and so knew one thing -- he had to get out of that race. And just as this motorcycle rider abandoned that race, so all of us at one time or another have abandoned sections of life.

Now, up to the time he had that accident the motorcycle rider was perfectly willing to not control any other motorcycle on the track save his own. He did not worry about these other motorcycles since they had never injured him and the motorcycle racing game was still a game to him. However, during the accident there was a moment when he sought to control another 24 motorcycle than his own and another rider. He failed in that effort. Thus in his "reactive mind" there is an actual mental image picture of his failing to control a motorcycle. Thus in future racing he is less competent. He is afraid of his own machine. He has identified his own machine with somebody else's machine. This is a failure of control.

Now, in order to become a good motorcycle racer again this man would have to resume his attitude of carelessness regarding the control of the other machines and riders on the track and reassume his own ability to control his own machine. If he were able to do this he would become once more a daring, efficient and winning motorcycle rider demonstrating great compe-

tence. Only a Scientology practitioner could put him back into this condition -- and a Scientology practitioner would be able to do this probably in a very few hours. This, however, is not a textbook on how to eradicate former ills, but an explanation of why men become incompetent in the handling of their immediate tools of trade. These men have attempted to leave uncontrolled all the world around them up to the moment when the world around them hurt them. They then conceived the idea that they should control more than their own jobs. They failed to control more than their own jobs and were instantly convinced that they were incapable of controlling something. This is quite different than leaving things uncontrolled. To be capable of controlling things and to be capable of leaving things uncontrolled are both necessary to a good life and doing a good job. To become convinced that one cannot control something is an entirely different thing.

The whole feeling of self-confidence and competence actually derives from one's ability to control or leave uncontrolled the various items and people in his surroundings. When he becomes obsessed with a necessity to control something rather beyond his sphere of control, he is disabused of his ability to control those things close to him. A person eventually gets into a state of mind where he cannot pay any attention at all to his own job but can only reach out into the outer environment and seek, effectively or otherwise, to stop, start or change things which have in reality very little to do with his own job. Here we have the agitator, the inefficient worker, the individual who is going to fail. He is going to fail because he has failed at some time in the past.

This is not quite as hopeless as it looks because it takes actual physical injury and very heavy duress to make an individual feel that he is incapable of controlling things. The day-to-day handling of machinery is not what deteriorates one's ability to work or handle life. It is not true that one gets old and tired and his ability to do things wears out. It is true that one becomes injured in sudden, short moments and thereafter carries that injury into his future work and the injury is what causes him to deteriorate. The eradication of the injury brings him back to an ability to control his own environment.

The entire subject of work, then, brings us to the value of uncontrol. A machinist doing a good job should be able to relax as far as his machine is concerned. He should be able to let it run or not let it run, to start it or not to start it, to stop it or not to stop it. If he can do these things, all with confidence and a calm state of mind, he can then handle that machine and it will be discovered that the machine will run well for him

Now let us say the machine bites him, he hurts his hand in it, some other worker jostles against him at the wrong moment, some tool given to him is defective and shatters. An actual physical pain enters into the situation. He tends to fall away from the machine. He tends then to concentrate much more heavily on the machine than he should. He is no longer willing to leave it uncontrolled. When he is working with that machine he must control it. Now as he has entered duress into this situation and as he is already anxious about it, it is fairly certain that the machine will hurt him again. This gives him a second injury and with this injury he feels an even stronger urge to control the machine. You see, during the moments of injury the machine was out of control. Now while out-of-control is a game condition, it is not desired or welcome to this particular machinist. Eventually, it is certain he will look upon this machine as some sort

of a demon. He will, you might say, run the machine all day and at night while asleep run it too. He will spend his week-ends and his holidays still running that machine. Eventually he will not be able to stand the sight of that machine and will flinch at the idea of working it a 5 moment longer.

This picture becomes slightly complicated by the fact that it is not always the injury delivered to him by his own particular machine which causes him to feel anxious about machinery. A man who has been in an automobile accident may return to the working of a machine with considerable qualms about machines in general. He begins to identify his own machine with other machines and all machines become the same machine and that is the machine that hurt him.

There are other conditions which enter into lighter phases of work. In the matter of a clerk we may have a circumstance where he is ill from some other area than his area of work and yet, because he has little time off, is forced to work, sick or not. The tools of his own work, his filing cabinets or his pens or his books or the very room, become identified with his feeling of sickness and he feels that these, too, have bitten him. Thus he becomes obsessed in his control of them and actually degenerates in his ability to control them just as the machinist does. Even though these tools have not actually injured him he associates them with being injured. In other words, he identifies his own sickness with the work he is doing. Thus even a clerk whose tools of trade are not particularly dangerous can become upset about his tools of trade and can first exert enormous control over them on an obsessed basis and at length abandon any control of them and feel he would rather be beaten than do an instant's more work in his particular sphere.

One of the ways of getting over such a condition is simply to touch or handle one's various tools of trade and the surroundings in which he works. If a man were to go all the way around an office in which he had worked for years and touch the walls and window ledges and the equipment of tables and desks and chairs, ascertaining carefully the feel of each one, carefully locating each one with regard to the walls and other items in the room, he would feel much better about the entire room. He would be, in essence, moving himself from a moment of time where he was sick or injured, up to present time. The maxim here is that one must do one's work in present time. One must not continue to work in old moments of injury.

If acquaintance with one's tools, or touching one's tools of the trade and discovering exactly where and how they are, is so beneficial, then what would be the mechanism behind this? We will leave until later in this book some drills and exercises calculated to rehabilitate one's ability to work, and look for a moment at this new factor.

~oo00oo~



**Quote from
L. Ron Hubbard**

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.



Dianetics The Evolution of a Science

Extract from,, 'Dianetics The Evolution of a Science

The optimum computing machine is a subject which many of us have studied. If you were building one, how would you design it?

First, the machine should be able to compute with perfect accuracy on any problem in the Universe and produce answers which were always and invariably right.

Second, the computer would have to be swift, working much more quickly than the problem and process could be vocally articulated.

Third, the computer would have to be able to handle large numbers of variables and large numbers of problems simultaneously.

Fourth, the computer would have to be able to evaluate its own data and there would have to remain available within it not only a record of its former conclusions but the evaluations leading to those conclusions.

Fifth, the computer would have to be served by a memory bank of nearly infinite capacity in which it could store observational data, tentative conclusions which might serve future computations and the data in the bank would have to be available to the analytical portion of the computer in the smallest fractions of a second.

Sixth, the computer would have to be able to rearrange former conclusions or alter them in the light of new experience.

Seventh, the computer would not need an exterior program director but would be entirely self-determined about its programming guided only by the necessity-value of the solution which it itself would determine.

Eighth, the computer should be self-servicing and self-arming against present and future damage and would be able to estimate future damage.

Ninth, the computer should be served by perception by which it could determine necessity-value. The equipment should include means of contacting all desirable characteristics in the finite world. This would mean color-visio, tone-audio, odor, tactile and self perceptions—for without the last it could not properly service itself.

Tenth, the memory bank should store perceptions as perceived, consecutive with time received with the smallest possible time divisions between perceptions. It would then store in color-visio (moving), tone-audio (flowing), odor, tactile and self sensation, all of them cross-co-ordinated.

Eleventh, for the purposes of solutions, it would have to be able to create new situations and imagine new perceptions hitherto not perceived and should be able to conceive these to itself in terms of tone-audio, color-visio, odour, tactile and self sensation and should be able to file anything so conceived as imagined labelled memories.

Twelfth, its memory banks should not exhaust on inspection but should furnish to the central perceptor of the computer, without distortion, perfect copies of everything- and anything in the banks in color-visio, tone-audio, odor, tactile and organic sensations.

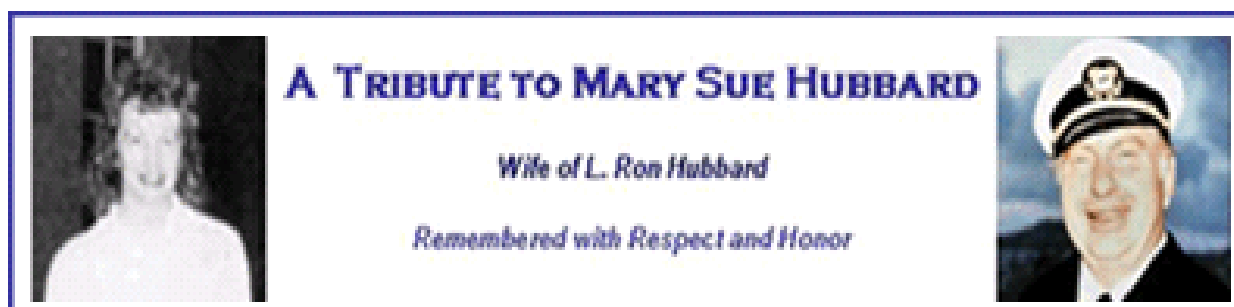
Thirteenth, the entire machine should be portable.

There are other desirable characteristics but those listed above will do for the moment.

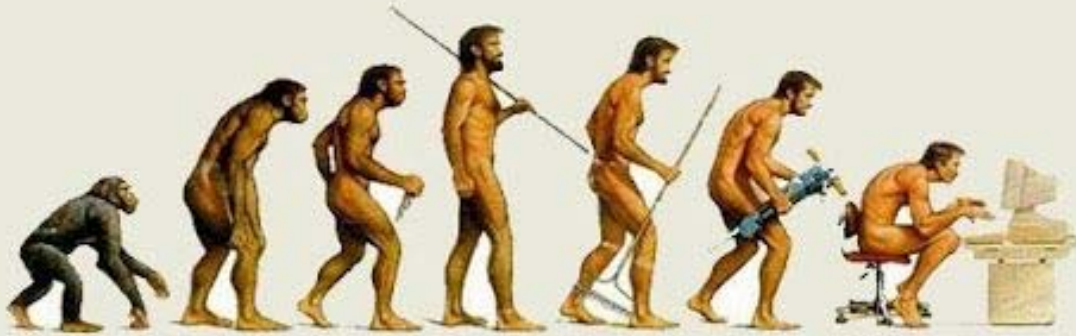
It might be somewhat astonishing, at first, to conceive of such a computer. But the fact is, the machine is in existence. There are about two billion of them in use today and many, many more billions have been made and used in the past.

In fact, you've got one. For we are dealing with the human mind.

~oo0oo~



History of Man



By L. Ron Hubbard

Extract from, 'History of Man'

This is a cold-blooded and factual account of your last sixty trillion years.

The test of any knowledge is its usefulness. Does it make one happier or more able? By it and with it, can he better achieve his goals ?

This is useful knowledge. With it the bond again see, the lame walk, the ill recover, the insane become sane and the sane become saner. By its use the thousand abilities Man has sought to recover become his once more.

Like all useful knowledge it was hardly won. I began search into the back track of Mankind some years ago. There was no actual knowledge of it in existence. There were numberless superstitions, countless guesses, as many theories in favour of one thing as in favour of another. People believed, some of them, that Man had lived before. They had no proof. Others believed that Man was born innocent and died and went to a place called Hell.

Most believed that when you had lived once, that was all, fellow. Such a number of conflicting theories must have truth in them. It became my business to discover, against considerable odds, that truth.

In the first place, there was something wrong with Man. An animal such as a cat, even a reptile, a lizard, had habit patterns which carried him through his early days. Not Man. Why not? As usual, a lot of vagueness answered this. The very schools of 'thought' that said Man was just another animal bogged utterly on why it was that babies, the young of this very intelligent animal, are much more stupid than kittens. That was only one thing wrong with Man that was not explained .

The further one investigated, the more one came to understand that here, in this creature Homo Sapiens, were entirely too many unknowns. People who suddenly, out of no observable training, begin to speak foreign tongues, men who 'seem to remember having been here before, strange yearnings in people for various parts of the country or the world or the stars of which they have no actual knowledge, such things are routine puzzles.

And there was a much more important thing at work than mere curiosity. Now and then, in my auditing, I would discover a case which would be extremely reluctant to recover and then could recover only partially so long as I used data from the current lifetime of the preclear; but as soon as I used the whole span of the time track— about sixty trillion years—I could obtain immediate response.

One must be very impartial, even brutal, in investigation. The last series of cases I audited, twenty in number, chosen at random from various life strata and suffering from mental and physical ills which were extremely varied, were audited to demonstrate finally to myself one thing only—Can an auditor obtain a swift recovery by auditing the current lifetime only? I used the most modern of techniques— 1952—and did a standard auditing address to the current lifetime of each one. I obtained mediocre results, partial recoveries, slight betterment in attitude. Then I audited each case addressing only past track, prior to this lifetime: the results were swift and spectacular. Thus I validated, for myself, the reality that in auditing the whole track, one can obtain excellent results, that in auditing the current lifetime, one can obtain slow and mediocre results. From this series came this conclusion: **THE AUDITOR WHO INSISTS ON AUDITING THE CURRENT LIFETIME ONLY WHEN HE HAS THE WHOLE TRACK TECHNIQUE AVAILABLE, IS WASTING TIME AND EFFORT AND IS, IN FACT, SWINDLING HIS PRECLEAR.**

I announced "whole track" techniques to a large number of auditors. I found the better auditors quite willing to use them, and these immediately began to obtain "miracle level" results. A very few held back, were very cautious, would not employ the whole track, clung to this lifetime, invalidated the E-meter, invalidated what they erroneously called "past lives", were scathingly critical of my employing such data. So I investigated the auditors.

Several of these were given sessions by me. I found several noteworthy similarities about them: they were so low in tone it was almost impossible to get them to register on an old style Mathison, their cases were utterly bogged, they generally made a practice of refusing any auditing, their general record with preclears was very poor, their own lives were running badly, they not only fought "past lives" as they called "whole track," but they fought any technique evolved since the summer of 1950 or used later techniques poorly, they would not run any overt acts even in this lifetime, they needed, so far as their cases were concerned, the most

careful auditing. I found two people not auditors, who objected violently to “past lives” and who were “wide-open” cases. Both were in the inaccessible band, both had unsavoury social records, both protested being audited in any incident of any kind. I concluded, therefore, that the relatively sane are capable of accepting evidence and the insane are not.

Occasionally people have told me that I should not release the data contained in this volume because there would be a repercussion throughout the country which would ruin Dianetics forever. Oddly enough, I’ve been unable to discover this repercussion. I have found people alert and friendly toward this data. “Whole track” is evidently much more acceptable than the idea of a prenatal. And witness a recent READER’S DIGEST, even the medical profession is accepting prenatals.

Further, it is very hard to argue with a miracle. Today, Eleanor has arthritis. She is audited “whole track” with 1952 techniques. Tonight she doesn’t have arthritis. Miracles, using “whole track” are plentiful. By using this data an auditor can obtain a MEST clear rather easily. But the best argument which can be advanced for “whole track” is that it is factual. By using this knowledge, more is obtained than auditing results. A preclear suddenly recovers the ability carefully learned eighty years ago, to play a piano; an electronics engineer, doing poorly before suddenly wraps up formulae that would puzzle Einstein and which may get man off Earth; and a thousand details in a hundred sciences become clear.

The search of this track began some years ago and was conducted sporadically on many pre-clears. Various instruments such as the electroencephalograph and the police lie-detector, were used to further this search, but these were inadequate and limited for my purposes. Finally, Volney Mathison applied his electronic genius to the problem and invented the Electropsychometer. This instrument had a range and ability greatly in excess of anything before known; it compares to itself only in the field of physioelectrical mensuration and to existing devices as the electronic microscope compares to looking through a quartz stone. As soon as this instrument was turned loose on the problem, the problem ceased to exist. By adding up and checking probabilities on scores of persons, the character, extent and content of the whole track was mapped.

Once the E-meter gave reliable data, the main problem became the estimation of intentions, of sources, of the reasons behind the reasons. Most of this work has been done. It comments poorly on Man’s dullness that this project was impeded and slowed greatly by lack of funds and by very active efforts on the part of some to acquire and own the copyrights of Dianetics— may the ill of the world forgive them. Thus the map is not as complete in this issue as it might be.

This work is honest research, done with considerable care. And it will bear up under survey by any competent auditor or investigator. The most amusing aspect of the “whole track” is that this work bears up under the onslaught of police lie-detector experts: these, hard-eyed and uncompromising, become startled half out of their wits to discover that some of the crimes they find on their machines were committed two or three “lives” ago by the criminal under test, and that, most alarmingly, the crimes so discovered are discoverable again to the last detail in the

police archives. This is very upsetting to these operators, to be informed so bluntly that Man lives many years, not three score and ten, and that today's lifer may again be on their hands tomorrow as a juvenile delinquent!

Gravestones, ancient vital statistics, old diplomas and medals will verify in every detail the validity of "many lifetimes." Your E-meter will tell you.

L. RON HUBBARD,
1951.

~oo00oo~



Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

- SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

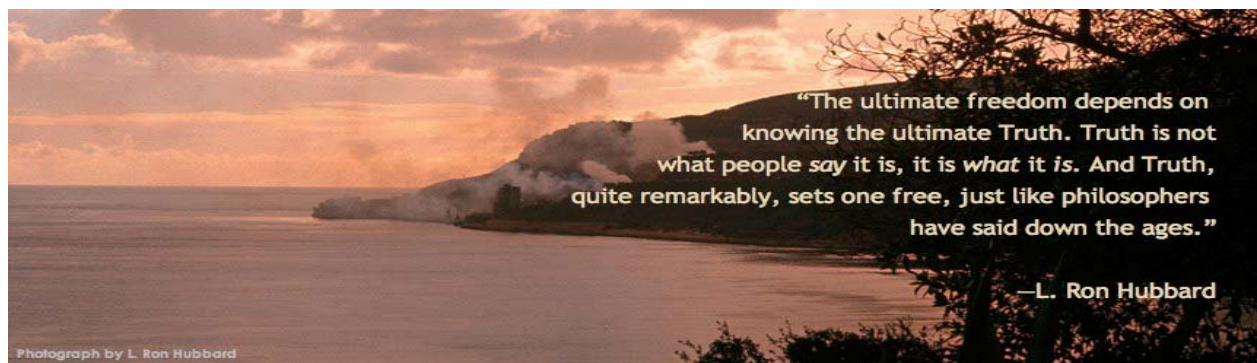
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"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

SCIENTOLOGY 8.8008
Lafayette Ron Hubbard





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Wins and Successes in the Scientology Independent Field

Review Auditing

I recently received some review auditing from Ingrid Smith in LA to prepare for the OT levels. I came away with some great wins!! I felt myself expanding as a being and just felt like a bigger being. When I returned to Arizona my wife noticed a difference in me. She said I was more affectionate.

After that I began completing a lot of unfinished cycles around my property. I finished painting the inside of my house, got some repairs done to my vehicles etc.

I also began noticing things more in my environment. while I was driving my school bus (I'm a school bus driver) I just felt more in ARC with my immediate surroundings.

I have also felt a noticeable increase in my physical well being.

Anyone who is thinking of doing ANYTHING on the Bridge, if you can make to LA, Ingrid Smith's auditing room is where you should be!!!!

Grade 1

Grade 1 proved for me, it's not about the destination, it's about the journey. And what a journey its been!

It's difficult for me to put into words because what I have experienced at times has been so overwhelmingly beautiful that words simply cannot encompass it. During an objective process I had a glimpse of me, without the bank, and suddenly everything around me became still, almost like time slowed down a bit and I felt an immeasurable amount of affinity for the universe. I was in present time, completely, and it was so peaceful, almost like taking a mini vacation ha-ha.

There is so much insanity in this world but at the same time I also found there are some truly beautiful people out there who do incredible things and I am humbled by their grace.

A big lesson for me was that responsibility is the only way to freedom. If I'm responsible and at

cause over what I'm doing, I get a very different result than if I'm constantly placing blame or responsibility on others. The tools I've gained from Grade 1 have helped me with my everyday life and have put things in a deeper perspective for me. I'm able to understand the root of my problems which seemed in the past unsolvable and really solid but now I feel I can reach out with a more ARC approach and gain a very different result. And what a difference that makes, eh? Keep confronting, keep ARC-ing and keep going. That's my new mantra.

I have a long way to go on my journey to spiritual enlightenment but I'm excited to continue growing and dig deeper because each time I peel away more of that onion, things become much more clear and I feel much more me.

And at the end of the day, if you know who you are, you're golden.

NOTS Success Stories

I've had some very good auditing over the last couple of weeks and I'd like to thank a bunch of people for their hand in it. A few years ago some highly trained individuals got together and sorted out which versions of which grades and levels, of those that were floating around out there, were the ones that LRH intended to be used. This was no small job but they succeeded brilliantly. I don't know all of you in The Technical Standards Committee but thank you to everyone who had a hand in this project. Two of those I do know were my auditor, Chris Black and the C/S, JC. Thank you.

When you "have the correct technology" and correctly apply it in a standard, no frills fashion the results are incredible. I blew an astonishing amount of charge in every single session. I also hadn't realized that confronting your case could be anywhere near this much fun.

This technology is very powerful and works amazingly well when applied. If you haven't had major wins on this level or blown enough charge to light up a small town, I would suggest you could be a tad more "standard".

Thanks again Chris and JC, you make a great team.

A few short months ago I thought I that it was inevitable that I would have to have a surgical hip replacement. I could not even walk one block without lots of pain that would force me to stop walking. I love gardening and I was barely able to do any of it because of the immobility and pain. Just simple daily activities became more and more difficult.

Ingrid suggested that I do a NOTS auditing program to address the problem. I started and now I am getting better and better. I can now garden and walk for many blocks without pain. Surgery has been erased from my TO DO LIST. Mobility is coming back.

NOTS and Solo NOTS are truly miraculous. I audited on Solo NOTS for years in the church but never had these kinds of wins. I attested to Solo NOTS in the church because I didn't think these kinds of body problems could really be handled. But, here I am, having life changing wins that I never knew I could have. You might wonder how this could be. The answer is that the Tech was altered in the church to the degree that it was impossible to have these kinds of wins. If the world only knew the truth and power of what is possible with NOTS, then most surgeons would have to find other professions.

Thank-you Ingrid. LRH, you have given us a gift that is so great it is almost unbelievable.

Thank-you! Thank-you!

~oo00oo~

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo0oo~

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

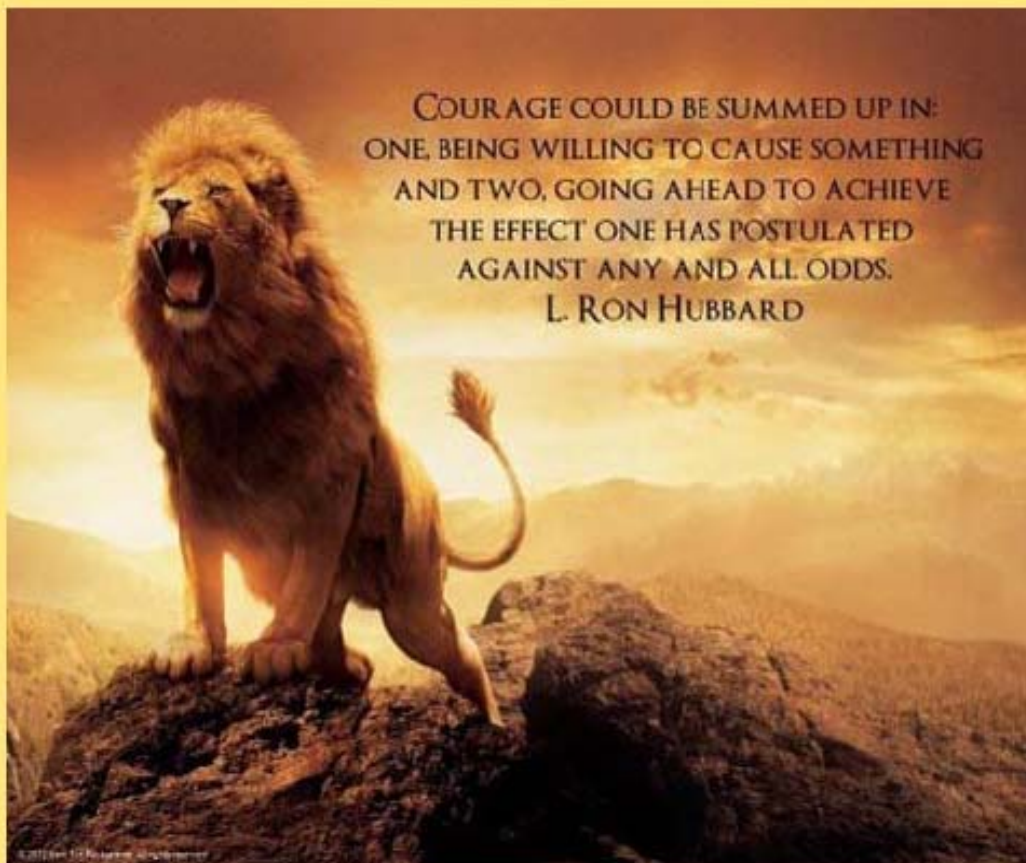
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

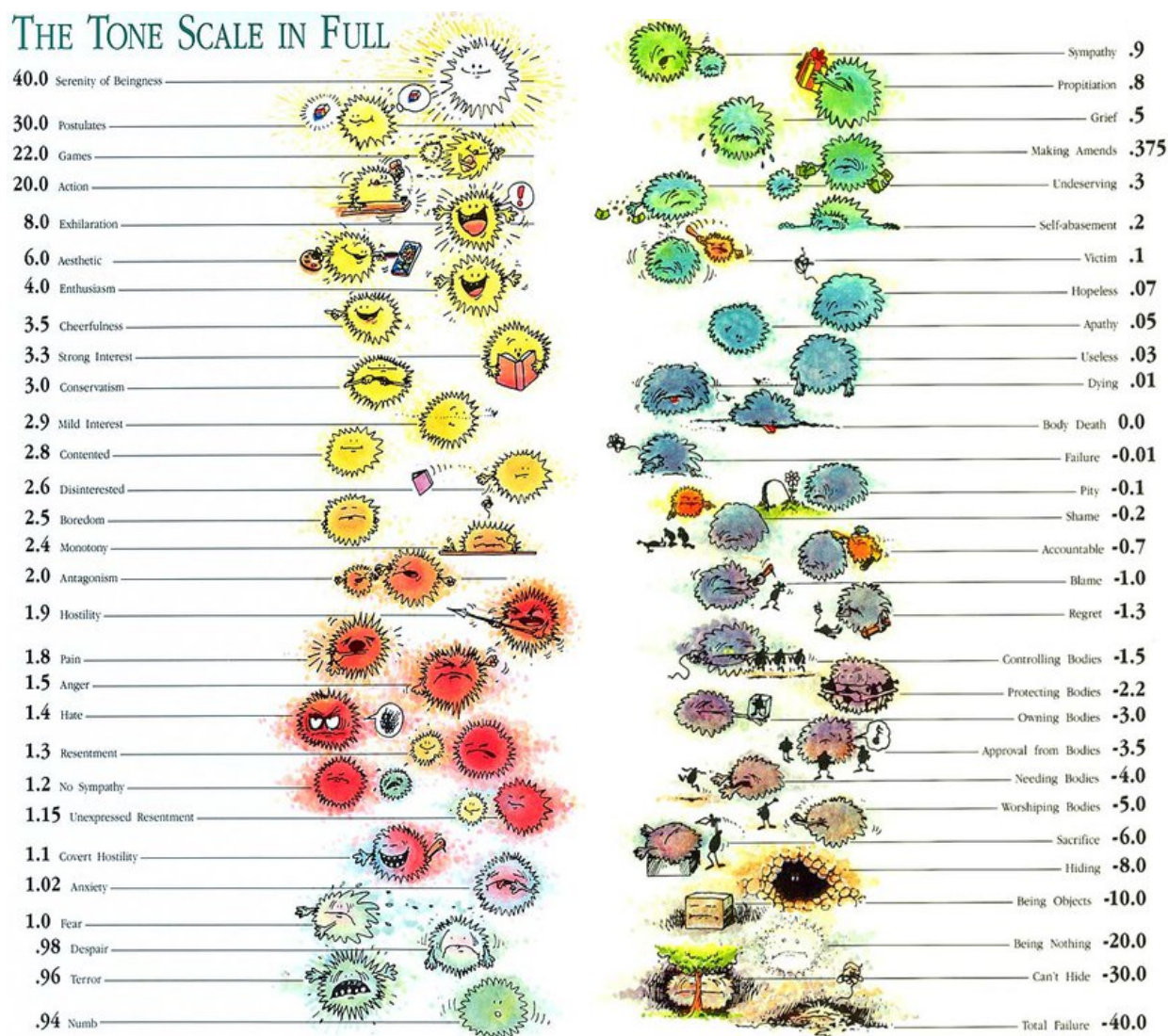
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The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

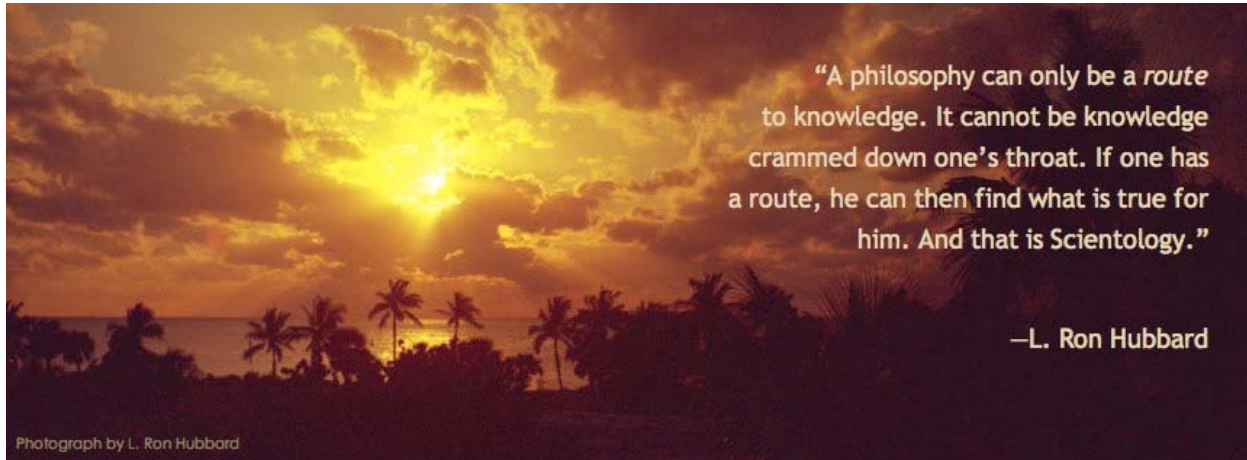
You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.

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